

How Can Your Success Coach Help You Remotely?

Get What You Need to Succeed.

When you succeed - your company succeeds!



Your company provides an ERN[®] Success Coach for free and confidential assistance with any home or work challenge.



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Available remotely to meet your needs.

- Do you have some immediate challenges that make it difficult to make it to work or concentrate on your job?
- Are there short- and long-term goals at home you'd like to accomplish?
- Are you overwhelmed with your current situation?
- Would connecting with a resource expert help ease your mind?

Get financial help for you and your family.

- Housing
- Food
- Transportation
- Childcare
- Medical treatment
- Recovery services
- Counseling referral
- Legal assistance

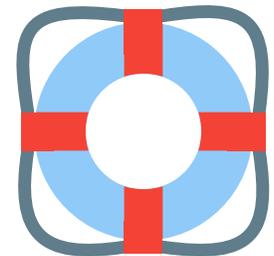
Application assistance:

- **Healthcare**
- **Health and Human Service funds**
- **Community resources**
- **Unemployment benefits**
- **Emergency relief**



Access resources when you need it most.

- Would you like to work on how to best communicate with co-workers due to a conflict?
- Do you need help seeing if you qualify for community programs?
- Is it difficult for you to navigate online government resources?
- Could you benefit from free tax filing assistance?



Come out of any challenge a winner!

Contact your Success Coach today!



Learn more: ern-mi.com



Join the Network: ern-usa.com





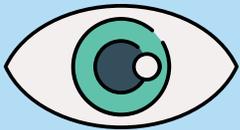
How to Prevent Catching & Spreading **Coronavirus**

Follow these tips to prevent yourself from catching coronavirus, or from potentially spreading the virus to others.

How to Prevent Catching The Virus



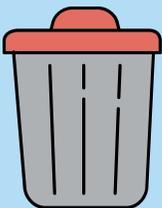
Wash your hands often, for at least 20 seconds, use hand sanitizer when washing is unavailable.



Avoid touching your eyes and mouth with unwashed hands.



Avoid close contact with people who are sick; follow social distancing guidelines.

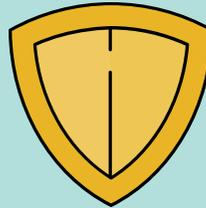


Cover your coughs and sneezes with a tissue and throw out the tissue.

How to Prevent Spreading the Virus



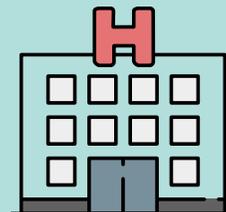
Disinfect surfaces that you touch. Wash your hands often, for at least 20 seconds.



Avoid close contact with other people; wear a facemask to cover your coughs and sneezes.



Stay at home while you are sick; quarantine yourself to a different room.



Monitor your symptoms and seek medical attention if your symptoms worsen.